

# A YEAR OF JUBILEE

1959-2009



**50th Anniversary of the Dedication of the  
Basilica of the National Shrine of the Immaculate Conception**

***WASHINGTON, D.C.***

## CONDITIONS FOR GAINING THE JUBILEE YEAR PLENARY INDULGENCE

For the period of the Jubilee, November 20, 2008 through November 20, 2009, the Holy Father, Pope Benedict XVI, has granted a ***Plenary Indulgence*** (remission of temporal punishment due to sin) on the truly penitent members of the faithful who, on the usual conditions (sacramental Confession, Eucharistic Communion, prayers for the Holy Father's intentions) duly fulfilled: a) If they undertake a sacred pilgrimage to the Upper Church of the Basilica of the National Shrine and they devoutly participate in the liturgical celebration or other pious exercise; b) if they visit the jubilee Temple either alone or with a group and there at least devote themselves to pious considerations for an appropriate period of time to be concluded with the Our Father, Creed and invocations to the Immaculate Virgin Mary.

The elderly, the infirm and everyone who for legitimate reason cannot leave their homes, joining themselves in heartfelt desire to others who will undertake a pious visitation or pilgrimage can likewise obtain a ***Plenary Indulgence***, provided that, with a resolute detestation for every sin and with the intention of fulfilling, as soon as possible the three customary conditions, they recite devoutly the prayers before some sacred image as mentioned above and they humbly offer the illnesses or inconveniences of their own lives to the merciful God through Mary. (Decretum, *Pænitentiaria Apostolica*, September 26, 2008.)